

CANTEEN MENU



TERM 3 2016

TUESDAYS & THURSDAYS LUNCH 2 - SNACKS, ICE BLOCKS & DRINKS ONLY
MONDAY, WEDNESDAY & FRIDAYS – LUNCH ORDERS & OPEN LUNCH 1 & 2

SNACKS

Mini wheats/sultana buddies 1 scoop	\$0.20
Anzac Biscuits	\$0.20
Pikelets	\$0.20
Hot Buttered Roll	\$1.00
Cheese & Bacon Roll	\$1.50

DRINKS

Water 300ml	\$0.60
Macquarie Juice (apple, orange, & apple/blackcurrant)	\$1.50
Flavoured Milk 300ml (chocolate, strawberry)	\$2.00
Plain milk carton 300ml	\$1.50
With Sipahh Straw	\$1.80
Slushie	\$2.00

ICE BLOCKS

Icy Bite	\$0.50
Icy Twist	\$1.20
Frozen Juice Cup	\$1.00
Mini Calippo	\$1.20
Paddle Pop	\$1.50
Frozen Yoghurt	\$2.00

Don't forget you can
order online at
flexischools.com.au

HOT FOOD

Hot Buttered Roll	\$1.00
Party Pie	\$1.80
Sausage Roll	\$2.30
Pie	\$2.70
Pizza (Ham & Pineapple or Cheese & Bacon)	\$2.00
Chicken Tender Roll (2 tenders, lettuce, cheese & mayo)	\$3.80
Chicken Tender Wrap (1 tender, lettuce, cheese & mayo)	\$3.60
Chicken Tender – 1 piece	\$1.50
Chicken Tender – 2 pieces	\$2.80
Lasagne	\$3.50
Nacho Dippers Sauce (BBQ, Tomato & Sweet & Sour)	\$4.00 \$0.40

SANDWICHES

Vegemite	\$1.80
Cheese	\$2.00
Cheese & Tomato	\$2.20
Egg & Lettuce	\$2.50
Chicken or Ham	\$3.30
Ham & Cheese	\$3.50
Ham, Cheese & Tomato	\$3.70
Salmon, Tuna	\$3.50
Salad Sandwich (lettuce, tomato, carrot, beetroot, cheese & cucumber)	\$3.70
Salad Tub (lettuce, tomato, carrot, beetroot, cucumber, cheese & egg)	\$4.50
Spaghetti or Baked Bean Toastie	\$3.60

All sandwiches are made with wholemeal bread & can be toasted at no extra cost

Add meat to your salad sandwich or tub for an extra \$1.00
(Chicken, Salmon, Tuna or Ham)

Wraps or Rolls are an extra 50c